Looking Back at 2019

Endorsement® Stats
Endorsement® for Tennessee continues to be a phenomenal success. In 2019, AIMHiTN reached a total of 416 Endorsement® Applicants and a total of 114 of those Applicants became Endorsed. Tennessee continues to be a leader in expanding Endorsement®.

Membership
AIMHiTN membership is a way to stay connected with a statewide network of professionals developing and changing the field of Infant Mental Health. Interest in membership continued to increase during 2019, with a surge in membership during the time before our first annual “Our Way of Being” Conference. Membership is up to an estimated 300 people.

Outreach
AIMHiTN publishes a bi-monthly electronic newsletter to meet our goal of increasing public awareness of the influence of early experiences and relationships and the impact they have on development. The format includes stories of interest to readers, links to or copies of current research, a discussion of the Endorsement® process, and a listing of upcoming community and state events, training opportunities and AIMHiTN professional development events. During 2019, AIMHiTN’s newsletter reached 1,026 individuals and groups via email.

AIMHiTN’s social media existence continues to grow. Between January and December 2019, the total number of followers increased from 800 to 4581. The average post reach increased from 171 in January to 6,960 by the end of December 2019.
Training/Technical Assistance
AIMHiTN presented at 17 local, state, and national conferences and workshops. We developed “The Journey to Endorsement®: Technical Assistance.” A face to face coaching session for those seeking IMH Endorsement®. We began foundational work for “Emergency Preparedness: Best IECMH practices in supporting children who experience disaster.”

Reflective Practice and Reflective Supervision/Consultation
Reflective Supervision and Consultation continues with our partners in the Home Visiting and Childcare Resource & Referral Networks. Over 100 participants are supported two hours each month with Reflective Supervision/Consultation.

Resource Mapping
Before 2019, Tennessee did not have any kind of consolidated resource list for IECMH programs and services. AIMHiTN heard the need and responded by partnering with Consilience Group out of Memphis, TN. With their help, 636 resources were inventoried representing at least 3,843 total service types in the areas of: Screening/Assessment, Promotion, Prevention, Consultation, Treatment, and Intervention.

Little Brain Builders: Investing in Infant and Early Childhood Mental Health for a Strong Tennessee Summit
As part of a ZERO TO THREE National Technical Assistance Project, AIMHiTN worked with our partners on the TN IECMH Financing Policy Team to identify important IECMH Initiatives. We wrapped up the project with a Summit for Policy Makers and Stakeholders to share the results on June 27, 2019.

AIMHiTN Inaugural Statewide Conference: “Our Way of Being”
On August 27, 2019, AIMHiTN held its very first conference! Knowledge and inspiration were shared through a fun storytelling approach. Over 200 attendees came together to share a common mission of improving Tennessee for little ones.